

Occupational Health 2020-21

22 July 2021

Background:

This annual factsheet contains information on occupational health data in Great Britain.

It includes information on cases of **occupational disease** reported to the Office of Rail and Road (ORR) under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) between 2016-17 and 2020-21. This covers mainline, London Underground Limited (LUL) and non-mainline networks.

It also includes data on incidents of manual handling and shock/trauma between 2012-13 and 2020-21. This covers mainline and LUL only.

Source: Rail Safety and Standards Board (RSSB), LUL and ORR.

Latest year: 2020-21 (April 2020 to March 2021)

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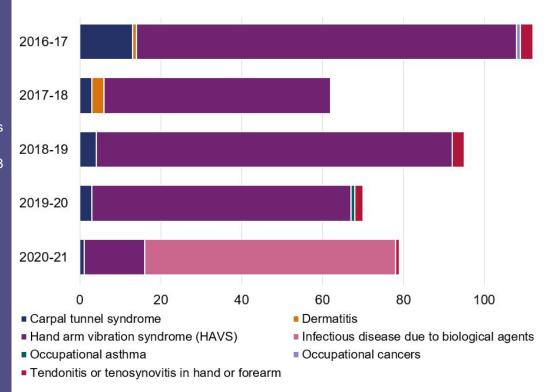
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Next publication: June 2022

The impact of COVID-19 on railway workers resulted in **infectious disease due to biological agents** becoming the predominant occupational health disease reported to ORR in 2020-21.

Figure 1.1: Occupational health disease cases increased in 2020-21 as a result of COVID-19 cases

Disease cases reported to ORR under RIDDOR, mainline and non-mainline networks, 2016-17 to 2020-21 (Table 5110)



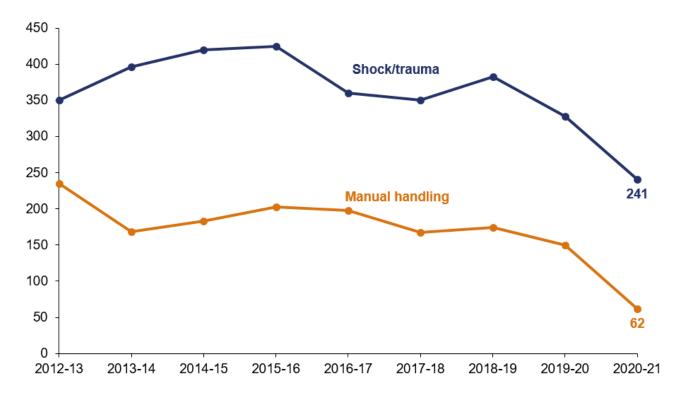
There has been a **76.6% decrease** in reported cases of **HAVS** between 2019-20 and 2020-21.

There were **62 cases** of **infectious disease due to biological agents** in 2020-21. COVID-19 cases are included within this category.

All data tables and an interactive dashboard associated with this factsheet are published on the <u>occupational health page</u> of the data portal. Key definitions are at the end of this factsheet.

Figure 1.2: Manual handling and shock/trauma incidents both fell to a historical low

Manual handling and shock/trauma incidents resulting in lost time, mainline and LUL, 2012-13 to 2020-21 (Table 5123)



Manual handling incidents resulting in lost time **decreased by 58.7%** compared with 2019-20. There were 62 incidents in 2020-21. This represented the lowest number of incidents in any year throughout the time series.

Shock/trauma incidents resulting in lost time **decreased by 26.5%** compared with 2019-20. The 241 incidents recorded represented the lowest number of incidents recorded since the time series began.

Figure 1.3: Train operators accounted for more than half of shock/trauma incidents reported

Shock/trauma incidents resulting in lost time by dutyholder, mainline and LUL, 2020-21 (Table 5123)

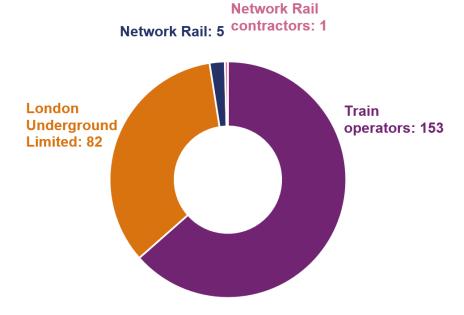
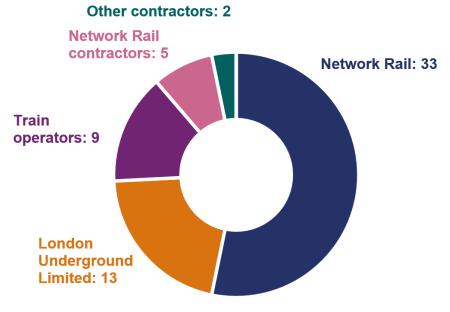


Figure 1.4: Network Rail accounted for more than half of manual handling incidents reported

Manual handling incidents resulting in lost time by dutyholder, mainline and LUL, 2020-21 (Table 5123)



Definitions

- **Carpal Tunnel Syndrome:** work involves regular use of percussive (repeated impact) or vibrating tools.
- Cramp in the hand or forearm due to repetitive movements: work involves prolonged periods of repetitive movement of the fingers, hand or arm.
- Dermatitis: work involves significant or regular exposure to a known skin sensitiser or irritant.
- Hand-arm vibration syndrome (HAVS): work involves regular use of percussive or vibrating tools, or the holding of materials which are subject to percussive processes, or processes causing vibration.
- Infectious disease due to biological agents: any disease attributed to an occupational exposure to a biological agent. Includes COVID-19 cases.
- Occupational asthma: work involves significant or regular exposure to a known respiratory sensitiser.
- Occupational cancers: any cancer attributed to an occupational exposure to a known human carcinogen or mutagen (including ionised radiation).
- Tendonitis or tenosynovitis in the hand or forearm: work is physically demanding and involves frequent, repetitive movements.
- Manual handling: Physical injuries from moving of items either by lifting, lowering, carrying, pushing or pulling. They are part of a wider group of musculoskeletal disorders (MSDs), which covers any injury, damage or disorder of the joints or other tissues in the upper/lower limbs or the back.
- Shock/trauma: Shock or traumatic stress affecting any person who has been involved in, or has been a witness to, an event, and not suffered any physical injury. Shock/trauma cases are <u>not</u> RIDDOR reportable.
- Other contractors: Contractors working for duty holders other than Network Rail

There is further <u>guidance on RIDDOR</u> and information on all the <u>different disease cases</u> reported to ORR.

There is further information on occupational health within the rail industry.

Data tables

Table 5110 - Occupational Health disease cases, Table 5123 - Occupational Health manual handling and shock/trauma incidents (lost time) by duty holder, and Table 5133 - Occupational Health manual handling and shock/trauma incidents (no lost time) by duty holder can be accessed on the occupational health page of the data portal free of charge in OpenDocument Spreadsheet (.ods) format. We can also provide data in csv format on request.



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